

Southern Oregon Youth Ballroom Competition 2019

Schedule and Overview	
Preliminary Training Learn the competition syllabus with your partner. Open to ages 8-25 (or grades 3 and up). \$20/couple/workshop*	Saturday, Oct. 19: 10:00 AM-12:00 PM Saturday, Nov. 16: 10:00 AM-12:30 PM
Visiting Pro Technique Workshops Open to Intermediate Teens and Young Adults \$10/couple*	Sunday, November 10 11:00 AM-2:15 PM (tentative)
Preliminary Registration Due Registration fee is \$20/couple (covers entry to the December comp for each dancer and a guest). Add \$5/person to enter in a second category.*	Saturday, November 16. Check goes to: Open Floor CBA - Give to Cori or mail to: Cori Grimm 1252 Old Willow Ln. Ashland, OR 97520
Compulsory Round	Saturday, December 7 — 1:30 - 6:00 PM
Finals Training	Private lessons December 8-February 22
Exhibition Round	Saturday, February 22 — 7:00 - 9:30 PM

*Discount available for families with three or more students participating.

Age Categories

Category AA (ages 8-10 or grades 3-5) Compulsory Round Only

Category A (ages 10-13 or grades 5-8) Compulsory Round Only

Category B (Beginners ages 13-17 or grades 9-12) Compulsory Round Only

Category C (Intermediates ages 13-17 or grades 9-12) Compulsory & Exhibition

Category D (All levels ages 18-25) Compulsory & Exhibition Rounds

Couples will enter the category that matches the older dancer on September 1, 2019.

For example, a 12-year old girl dancing with a 14-year old boy will compete in Category B. Two 17-year-olds may compete in Category B, even if they will turn 18 in October, 2019. Participants may enter by grade level or by age.

Participants may enter more than one category with different partners, except that no dancer may compete in both C & D. Anyone who has placed 1st in A must move to B or C. Anyone who has placed 1st in B, 1st in Category C Prelims, 1st-3rd in Category C Finals & couples who have both competed in C are excluded from B. Exception: Dancers under 16 who win B may compete in B again with another dancer who has not competed in C. Anyone 16 & up who has placed 1st in C must move to D.

Southern Oregon Youth Ballroom Competition 2019

Compulsory Training — October 19 and November 16

Workshops will be held on Saturdays, October 19 and November 16. Workshops will prepare you for the Compulsory Round on December 7. Couples will have one-on-one instruction in a semi-private group lesson format. Couples may choose to participate in practice heats after the November 16 workshop (12-12:30 PM). Cost is \$20 per couple per workshop. Discount for families with 3+ students participating.

Intermediate Technique Workshops — November 10

One-hour technique workshops will be scheduled with visiting pros on Sunday, November 10, 11:00-2:15. Space is limited. Cost is \$10/couple.

Compulsory Registration — Due November 16

Registration is due by Saturday, November 16. Checks written to Open Floor CBA. Mail to Cori Grimm 1252 Old Willow Ln., Ashland, OR 97520. Or, give to Cori in person.

Registration forms are available at www.OpenFloorCBA.org.

Cost to register is \$20/couple and includes entry to the preliminaries for the couple and one adult chaperon per dancer. Add \$5 per participant to compete in a second category. Discount for families with three or more students participating.

Registration forms must be signed by a Certified Instructor who has verified that the couple is familiar with the allowed syllabus for the competition and the dress code.

Compulsory Round — December 7 from 1:30-6:00 PM.

All participants must register for the Compulsory Round by November 16. Spectators are welcome to attend for \$6 at the door; \$5 ages 10-18; 9 & under free with an adult.

All participants agree to adhere to the Dress Code and to dance only steps from the approved Syllabus for this competition. Students will compete in heats by age group

Category AA, Category A and Category B couples compete in Waltz and Swing for cash prizes.

Category C and Category D couples compete in Waltz and Swing on December 7 for a private lesson scholarship to prepare for the Exhibition Finals on February 22.

Exhibition Training — December-February

Teen Finalists will receive a Private Lesson Scholarship to prepare for the Exhibition Round. Couples choose their dance with help from their instructor.

Southern Oregon Youth Ballroom Competition 2019

Exhibition Round — Saturday, February 22 from 7:00-9:30 PM.

Participants agree to adhere to the dress code for the finals and to dance a routine that has been approved by Colette, Cori, Sydney or Tina. Music and routines must be judged suitable for a family audience. Couples will each perform a solo number of 90-120 seconds in length. There is no Registration Fee for the Exhibition Round. Spectators are welcome for \$6 at the door; \$5 Youth; 9 and under free.

Dress Code

Group Training Classes

All participants should wear comfortable clothes and clean, comfortable shoes. Backless shoes (flip flops/clogs), mini skirts or shorts that are shorter than mid-thigh, strapless tops and short tops that leave the midriff bare (tube tops/half shirts) are not appropriate for these classes.

Compulsory Round

Male dancers:

Required — Long sleeved, button down shirt, tucked in. Slacks. Clean, dark-colored shoes or dance shoes.

Optional — Vest, long neck tie, belt.

Not permitted — Short-sleeved shirt, jeans of any color, shorts, hat, bow tie, jacket, suspenders. Male dancers with shoulder-length or longer hair should wear their hair in a pony tail.

Female dancers:

Required — Skirt and blouse or dress. Length should be between mid-thigh and mid-calf. Clean shoes. Maximum heel heights are 1 1/2" for Preteens, 2" for Teens.

Recommended — Hair worn off the face; dance briefs.

Optional — Stockings, short socks, light jewelry and age-appropriate make-up.

Not permitted — Pants, low-cut top or bodice (below the normal bra-line, front or back), spaghetti straps or no straps, tops that leave the midriff bare, heavy costume jewelry or make-up.

Exhibition Round

Finalists may wear costumes designed for a family audience. Coaches will discuss options with individual couples.

Southern Oregon Youth Ballroom Competition 2019

Waltz Syllabus

AA A B	Box Step
AA A B	Underarm Turn
AA A B	Progressive Basic
A* B	Spirals
B	Double Underarm Turn
B* C D	Flip Flops and Ping Pongs
C D	12-Step Basic
C D	Hover, Chair, Open Left Box
C* D	Oversway
C* D	Hairpin into Open Rights (opt. syncopated turn for Cat D)
D	Drop Rondé
D*	Shadow Progressive Spirals

East Coast Swing Syllabus

AA A B C D	Basic
AA A B C D	Inside Turn
AA A B C D	Cradle
AA A B C D	Mooch Kicks
B C D	Belt Loop Combination
B* C D	Toe-Heel Swivels
B* C D	Washing Machine
C D	Stop N Goes
C* D	Triple Traveler
D	Sliding Doors
D	Pivots

*Optional Step

Contact Information and Locations

Please address questions to Cori Grimm 541-482-0134 or cori@OpenFloorCBA.org.

All Classes and Competitions listed here will be held at the Evergreen Ballroom, 6088 Crater Lake Ave., one mile north of Vilas Rd between Medford and White City.

Scholarships

A limited number of need-based scholarships are available. Talk to your instructor for more information.